



Sigma Theta Tau International
Honor Society of Nursing®



EMBRACE TECHNOLOGY

Technological advances have dramatically changed the way we experience life – personally and professionally. Networking and collaboration with friends, colleagues and family is faster and easier. Wide dissemination and consumption of health care information is now possible at ever increasing speeds, all of which impacts nurses' knowledge and nursing practice. And, technical advances in health care equipment have changed the way nurses care for patients. As nurse leaders, technology is a vital tool for us to embrace, and effectively engage to improve the health of the world's people.

Use social media to expand your network

- The Circle, <http://thecircle.nursingsociety.org>
- Facebook, www.facebook.com - search for Sigma Theta Tau International
- Twitter, @STTI
- LinkedIn, www.linkedin.com - search for Sigma Theta Tau International

Collaborate using digital meeting places

- Participate in STTI webinars for chapter members and leaders

Disseminate nursing knowledge and wisdom

- Become a Sharecare expert
- Post your abstracts in the electronic Virginia Henderson International Nursing Library
- Submit your research findings for dissemination through the *Journal of Nursing Scholarship*

Expand your knowledge with web-based content

- Access STTI's online continuing nursing education programs
- Read STTI's online magazine, *Reflections on Nursing Leadership*
- Adopt and implement technologies to improve patient care

MOVE



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The mission of the Honor Society of Nursing, Sigma Theta Tau International is to support the learning, knowledge and professional development of nurses committed to making a difference in health worldwide.



GIVE BACK TO
MOVE FORWARD

2011-2013 PRESIDENTIAL CALL TO ACTION

GIVE



Sigma Theta Tau International
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CREATE YOUR LEGACY

You create your legacy now and every day by the way you interact with friends, colleagues, students and patients. What you contribute to the nursing profession, whether it is your time, talents or resources, creates a path for others to follow and can impact the health of the world's people. Your legacy grows when you commit to your passion, share your strengths, encourage others to excel and demonstrate a spirit of giving – thereby becoming a nurse philanthropist.

Commit to your passion and contribute your time, expertise and/or financial support

- Invest in new nurses – become a preceptor and a mentor
- Engage in STTI activities in your community or beyond
- Join a committee, a task force or a community service project
- Contribute to the STTI Foundation for Nursing
- Invest in nursing research, scholarships or leadership development

Communicate an attitude of gratitude

- Commit to your best every day – at work and at home
- Show appreciation to your mentors and colleagues
- Express the joy and honor of being a professional nurse
- Nominate someone for an award



Suzanne S. Prevost, PhD, RN
2011-2013 President

ENGAGE IN COLLABORATION

Through STTI, you belong to a global community of nurse leaders who improve health care. Through your local chapter, global region or international headquarters, there are numerous opportunities to network and collaborate. Together we can bridge the gap between research and practice, share our wisdom across generations and collaborate with like-minded organizations to address critical health care issues.

Engage in the global nursing network

- Join the International Academic Nursing Alliance (IANA) for faculty members, <http://iana.nursingsociety.org>
- Get involved with STTI activities at the United Nations

Connect chapters and communities

- Log in to VIProfile to connect with STTI opportunities
- Network through online communities like The Circle, <http://thecircle.nursingsociety.org>
- Volunteer with STTI to serve your local community

Bridge the gap between research and practice

- Read *WORLDviews on Evidence-Based Nursing*
- Apply for one of STTI's many research grants
- Present your work at STTI conferences and events
- Submit the results of your work for publication

Share wisdom across generations

- Partner with new chapter members
- Share your expertise in your institution, your community and beyond

Collaborate with like-minded organizations

- Create win-win partnerships with professional, community-service or faith-based organizations that are working to promote health
- Invest in underserved individuals and communities through micro-finance institutions

RESPOND TO VULNERABLE POPULATIONS



As STTI members and nurse leaders, we have the ability to address the needs of vulnerable populations across the life span and around the world. Each person may be vulnerable at some point in their lifetime, so we recognize the needs of these populations. The poor and underserved, mothers, children and the elderly are especially at risk. Many of our nursing students are vulnerable, as well. STTI, an official non-governmental organization (NGO) of the United Nations, supports the U.N.'s Millennium Development Goals (MDGs), which include reducing child deaths, improving maternal health, and combating HIV/AIDS, malaria and other major diseases. These goals lay the foundation for improving world health by 2015 and beyond.

Work with fellow chapter members to respond to the poor and underserved

- Volunteer for free clinics or disaster relief programs

Promote health and well-being for mothers and children

- Support the STTI Maternal-Child Health Nurse Leadership Academy
- Learn how nurses are partnering with the United Nations to achieve the Millennium Development Goals

Respond to specific needs of elders

- Access STTI's Center for Nursing Excellence in Long-Term Care™
- Use the resources on www.geriatricpain.org to provide individualized care to elderly patients
- Support the STTI Geriatric Nursing Leadership Academy

Acknowledge the vulnerability of students

- Identify students in need and lend your support
- Introduce STTI at new student orientations
- Work through your chapter to provide student scholarships and small grants