

April/May/June 2019

## UICISA: E DEVELOPMENT STRATEGIC AXES TOWARDS HORIZON 2030



### AXIS OF RESEARCHERS' TRAINING

#### Past Activities

##### ➤ Research initiation

Research Initiation Rotation (RIRs)

→ 2018/2019 Edition

Integrated RIRs – 41

Structuring projects that provided vacancies - 20

Researchers involved in guidance – 18

Completed RIRs – 38

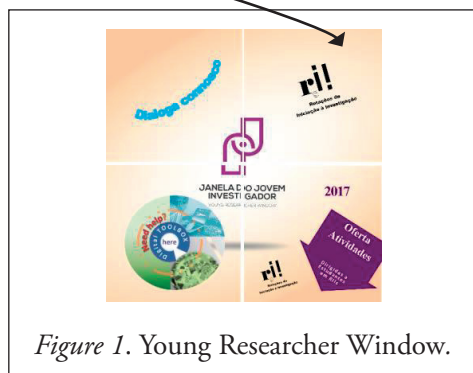


Figure 1. Young Researcher Window.

Organized activities for RIR students (2018/2019)

1. Surf SPSS Workshop for beginners (Students involved: 6)
2. Sr. Alembic Workshop (Students involved: 15; nurses: 1)



Figure 2. 2019 Sr. Alembic Workshop.

➤ **Advanced research**

Advanced research trainees in 2019 at the UICISA: E:

Postdoctoral students: 6

Elenir Pereira (16/11/18 - 15/02/19); Magda Araújo (02/10/18 - 31/01/19); Fernanda Castelo Branco (14/01/19 - ongoing); Isabel Ribeiro Fernandes (13/03/19 - ongoing); Renata Evangelista (01/09/18 - ongoing); Gylce Cruz (01/03/18 - ongoing)

Sandwich doctoral students: 4

Bruna Magesti (16/11/18 - 30/04/19); Alexandre de Assis Bueno (01/09/18 - ongoing); Tassiana Potrich (11/03/19 - ongoing); Marta Garcia (27/05/19 – ongoing)

Sandwich master's students: 3

Tatiana Castro da Costa (25/01/19 - 25/04/19); Leslie Bezerra Monteiro (25/01/19 - 25/04/19); Hanna Lorena Gomes (25/01/19 - 25/04/19)

➤ **International seminars for researchers' training**

3th INTERNATIONAL RESEARCHERS' TRAINING SEMINAR 2019



Figure 3. 3th International Researchers' Training Seminar.

**Portugal Centre for Evidence-Based Practice: a JBI Centre of Excellence**  
**Website: [http://www.esenfc.pt/en/uicisa/pcebp\\_jbi](http://www.esenfc.pt/en/uicisa/pcebp_jbi)**

**Past Activities**

➤ Training

**9<sup>th</sup> Comprehensive Systematic Review Training Program (CSRTP)**

Portugal Centre for Evidence-Based Practice (PCEBP) organized the 9<sup>th</sup> CSRTP, which took place from 3 to 6 June 2019 at the Health Sciences Research Unit: Nursing (UICISA: E), Nursing School of Coimbra.

Participants: 13

Trainers: João Apóstolo (Director of PCEBP), Rogério Rodrigues (Deputy Director of PCEBP), and Ana Filipa Cardoso (Staff of PCEBP).



*Figure 4. 9<sup>th</sup> CSRTP.*

**Joanna Briggs Institute Evidence-Based Clinical Fellowship Program (EBCFP) train-the-trainer**

Two members of the PCEBP Core Staff completed the JBI Evidence-based Clinical Fellowship Program (EBCFP) train-the-trainer in May 2019. This program certified them as accredited trainers in the field of best evidence implementation. The PCEBP is now more equipped to promote the connection to the clinical practice contexts, namely through the training of health professionals, especially nurses, in the area of best evidence implementation. This important

step will strengthen the capacity of the PCEBP as well as the resources of the Development Strategic Axis for Science Synthesis and Implementation of the UICISA: E in order to contribute to its mission and aims.

➤ Events

### **JBI European Symposium 2019 - Cardiff, Wales**

On 3 May 2019, two members of PCEBP core staff attended the JBI European Symposium 2019 at Cardiff, Wales. Also, they attended the Committee of Directors (1 May) and a Realist Synthesis Workshop (2 May). Website: <https://www.ginconference.net/>



*Figure 5.* JBI European Symposium 2019 - Cardiff, Wales.

### **Upcoming Activities**

➤ Events

### **G-I-N & JBI Conference 2019 – Trustworthy Evidence For Questions That Matter - The value of guidelines in 21<sup>st</sup> century healthcare**

On 30 October - 2 November 2019, a member of PCEBP core staff will attend the G-I-N & JBI Conference 2019 in Adelaide, Australia (Figure 6). Website: <https://www.ginconference.net/>



*Figure 6.* Banner of G-I-N & JBI Conference 2019 – Trustworthy Evidence For Questions That Matter - The value of guidelines in 21<sup>st</sup> century healthcare.

## Past Activities

### APRIL

- **4 to 6 April:** CISBETI2019 – International Congress of Health, Well-Being, Technology and Innovation (Foz de Iguaçu, Brazil). Activity: oral communications and abstract publication.
- **24 April:** the team published 5 chapters in the book “Gerontechnology” (Springer), which were the result of the participation in the First International Workshop (IWOG 2018) in Évora (Portugal) between 14 and 17 December 2018.
- **30 April:** “Cientificamente Provável” (UICISA: E, ESEnfC, Portugal). Activity: presentation of TecPrevInf and SeringaDuo projects to high-school students from Coimbra.

### MAY

- **6 to 7 May:** 3rd International Congress of Nursing Students – “Innovate to Better Care” (Health School of Leiria, Portugal). Activity: participation in one of the main congress panels about entrepreneurship and innovation.
- **8 May:** Technology and Innovation Event (Health School of Bragança, Portugal). Activity: TecPrevInf project technology explanation and practical workshop.

- **28 to 31 May:** participation in an event at Harvard Medical School (Boston, USA) for a presentation about the main TecCare activities and projects.

## Upcoming Activities

### JULY

- **15 and 16 July:** Summer Schools on Gerontechnology 2019 (Évora, Portugal): presentation of oral communications and abstract publication

### SEPTEMBER

- **26 and 27 September:** 1st International Congress on Vascular Access (APoAVa in collaboration with the ESEnfC, Portugal). Activity: Organizing Committee and presentation/publication of abstracts.



*Figure 7.* International Congress on Vascular Access (CIAV19).





### Past activities

#### ➤ Past scientific events

→ International Meeting Innovations & Technology in Mental Health Promotion

General Objectives:

- To collect and share innovative experiences and relevant scientific contributions based on the experience of international experts within the scope of mental health promotion.
- To reinforce the international network in which mental health projects are developed.



*Figure 8.* International Meeting Innovations & Technology in Mental Health Promotion.

### Upcoming activities

#### ➤ Next scientific events

→ 25 May 2020 - 6<sup>th</sup> Congress on Nursing Research of Ibero-American and Portuguese-speaking Countries, and 2<sup>nd</sup> International Symposium on Evidence-Based Health Care.



Figure 9. 6<sup>th</sup> Congress on Nursing Research of Ibero-American and Portuguese-speaking Countries.

→ 27-30 May 2020 - STTI 5<sup>th</sup> Biennial European Conference, “Nursing’s innovation, influence, and impact on global health: looking back and moving forward”



Figure 10. STTI 5<sup>th</sup> Biennial European Conference.

→ 4-15 November 2019 – 4<sup>th</sup> International Symposium of ANHE and 2<sup>nd</sup> Symposium on the History of Nursing of the ESEnFC

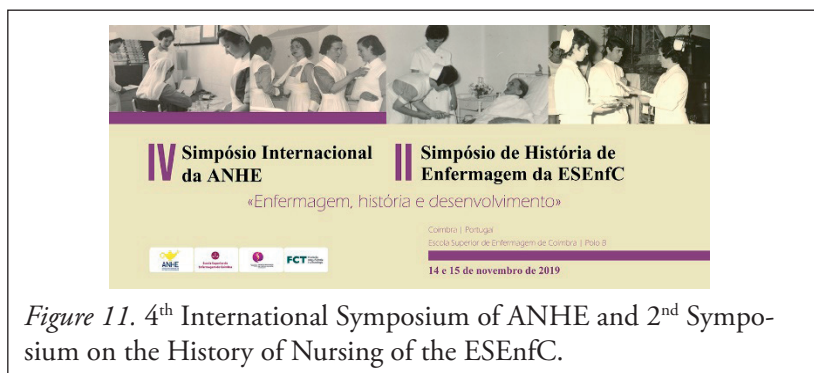


Figure 11. 4<sup>th</sup> International Symposium of ANHE and 2<sup>nd</sup> Symposium on the History of Nursing of the ESEnFC.





COMISSÃO DE ÉTICA  
— UICISA: E —

### **Ethics Committee**

Founded in 2010, the Ethics Committee has monitored compliance with ethical standards and procedures, both within the scope of UICISA: E projects and external projects.

Please visit the website of the Ethics Committee to request an assessment (<https://www.esenfc.pt/en/page/100004004?idMenu=245>)

- Download the form (fill it in electronically, but sign it by hand);
- Scan the form and the remaining documentation (following their listing order in the form). Please send all documents in a single PDF file;
- Send an e-mail including the PDF file and the official request to the President of the Ethics Committee ([cetica\\_uicisa@esenfc.pt](mailto:cetica_uicisa@esenfc.pt)).

The Ethics Committee holds monthly meetings to assess the requests received during the previous month.

Note: External requests (from institutions other than the Nursing School of Coimbra) must be sent to the President of the School ([esenfc@esenfc.pt](mailto:esenfc@esenfc.pt)), asking for authorization to request the assessment of the Ethics Committee. If authorized, the Ethics Committee will be informed internally and conduct the assessment.

## Past Activities

### ➤ Projects

#### *Before You Get Burned Project*

Students from Belgium collaborated with the ESEnfC on risk prevention.

As in recent years, in the Largo da Portagem, Belgian and Portuguese nursing students provided advice to young people who participated in the night festivities of Queima das Fitas in 2019.



*Figure 12. Before You Get Burned Project activities.*

#### *Mind & Gait Project*

Students and citizens' participation in the Digi&Mind APP test



*Figure 13. Digi&Mind APP test.*

## + *Contigo Project*

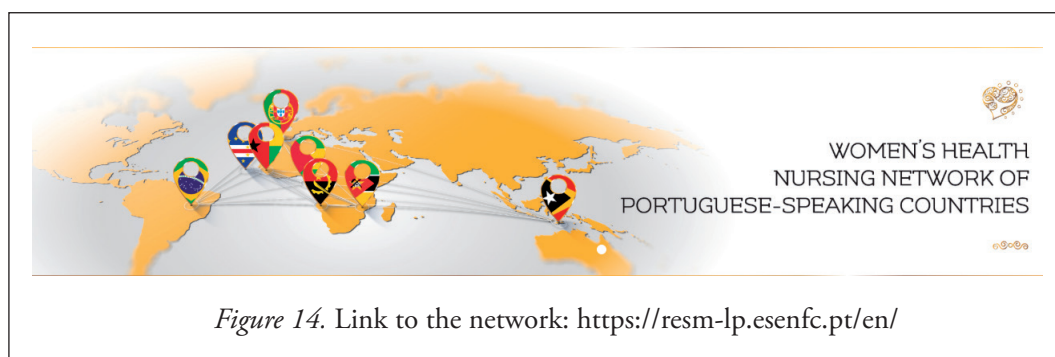
Health professionals (especially nurses, psychologists, and physicians) from Portugal and Brazil attend the ESEnFC training on suicide prevention in schools – May 2019

The objectives of the + Contigo Project are to promote mental health and well-being and prevent suicidal behaviors among 7<sup>th</sup> - 12<sup>th</sup> graders.

### ➤ **Networks**

#### *Women's Health Nursing Network of Portuguese-Speaking Countries*

Eight nations integrate the Women's Health Nursing Network of Portuguese-Speaking Countries: Angola, Brazil, Cape Verde, Guinea-Bissau, Mozambique, Portugal, São Tomé and Príncipe, and Timor.





**Past activities**

➤ **International Events**

Lecture “Desenvolvimento de guidelines. Experiência da República Checa” by Doctor Miloslav Klugar from the Faculty of Medicine, Masaryk University. Czech Republic



*Figure 15. Lecture by Doctor Miloslav Klugar.*

Lecture “A Editoração Científica em tempos de tempestade digital” by Doctor Maria Helena Palucci Marziale from the Ribeirão Preto College of Nursing of the São Paulo State University. Brazil



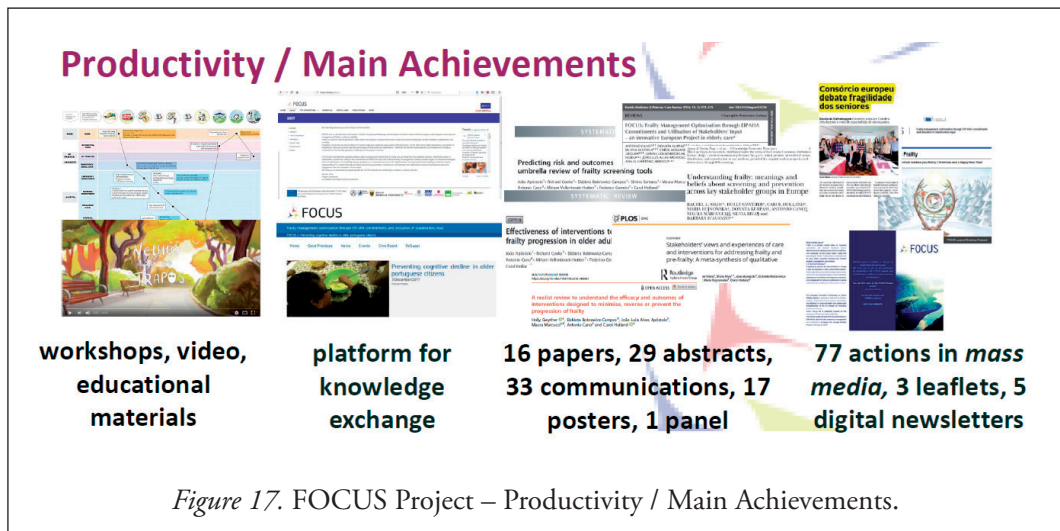
*Figure 16. Lecture by Doctor Maria Helena Palucci Marziale.*



**FUNDED PROJECTS**

**Completed projects' outcomes**

✓ FOCUS - Frailty Management Optimization through EIP AHA Commitments and Utilization of Stakeholders input (2015-2018)



✓ ECOG - Assessment of cognitive ability in the elderly: intervention and empowerment for self-care (2016-2018)

- Reminiscence Therapy Program
- Individual Cognitive Stimulation Therapy: a textbook for carers

